



WoodlandCPS Bushcraft School

**PSHCE Week, Fundamental Bushcraft Course,
program of events**

<p>PSHCE Week</p>	<p>If your school is arranging an activity week where you have both outreach and local providers supporting your students, then allow us to tell you what we offer.</p> <p>5 days 4 nights in your school grounds, your students will cover in much more details the Fundamental skills of Bushcraft. They will erect an expedition style camp to live in and sleep in for the week, they will master the tools of the trade including, Knife, Bow Saw, Folding Saw, Billhook and be introduced to the Axe. They will erect a central administration area and establish a fire pit for all cooking (if you have chosen for us to provide the catering), they will have to work as a team to maintain the camp whilst receiving advanced instruction in making tools for the camp, spoon carving and natural cordage making. Finding and making safe all water for drinking.</p> <p>The skills and memories learnt from this week even though its local cannot be measured easily. The growth in both self-esteem and respect in others through living in small community, whilst improving their communication skills will be noticeable from a great distance.</p> <p>“You don’t have to travel far to grow in stature”</p>
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WoodlandCPS Bushcraft School can visit your school for pre-arranged weeks to discuss all options, if you wish to cater for his week you must provide three usual meals plus snacks every day plus an evening supper (normally soup), if you wish us to cater for this week then please provide any dietary requests at least 8 weeks before your booking.

We will provide outdoor toilet facilities to minimize the need to enter school buildings. All our catering is provided by trained personnel and will center on wild foods.

Below is a typical week:

Day	Subject	Information
1 MON	0900 Arrive, issue safety brief, establish central administration area and fire pit. Priority of work: Parachute Shelter erect Fire pit establish Erect personal shelters Lunch Knife Craft Instruction of camp tools Instruction of Spoon Carving Tea Instruction in making Bannock Bread Issue priority of work & night time routine Start carving Spoons Supper Fire side debrief	Confirm all Emergency contacts and NOK details are known any personal medication or allergies and known and stored. Issue Bushcraft knives Issue Fire Steels Issue Spoon blanks

<p>2 TUE</p>	<p>Morning Routine: Priority of work</p> <p>Breakfast Camp administration Personal administration Introduction to making natural cordage – Stinging nettles</p> <p>Lunch Fire Craft Introduction to Fire by friction – the bow drill</p> <p>Tea Preparing Game – Rabbit Continue Spoon Carving</p> <p>Supper Fire side debrief</p>	<p>Head count and welfare check</p>
<p>3 WED</p>	<p>Morning Routine: Priority of work</p> <p>Breakfast Camp administration Personal administration Bow Drill practice Introduction into making nettle tea / soup</p> <p>Lunch Tool Use: Introduction to Bow Saw / Folding Saw and Billhook Prepare fire wood using tools</p> <p>Tea Preparing Game – Pigeon Continue Spoon Carving</p> <p>Supper Fire side debrief</p>	<p>Head count and welfare check</p>

<p>4 THU</p>	<p>Morning Routine: Priority of work</p> <p>Breakfast Camp administration Personal administration Bow Drill practice Introduction into natural foods found in hedge rows</p> <p>Lunch Water collection filtration and purification Tool Use: Introduction to Axe</p> <p>Tea Preparing Game – Pheasant Continue Spoon Carving</p> <p>Supper Fire side debrief</p>	<p>Head count and welfare check</p>
<p>5 FRI</p>	<p>Morning Routine: Priority of work</p> <p>Breakfast Camp administration Personal administration Collapse personal shelters</p> <p>Lunch Pack camp equipment return all school equipment Pack personal equipment Fire side de-brief and issue certificates Lets take a look at your spoons Student feedback forms Await Parents/Guardians</p>	<p>Head count and welfare check</p>